



Slave Narratives: Listening to the Voices of the Ancestors: Slavery's Disintegration of the Black Family Structure (Paperback)

By Janice R Swinton

Createspace, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Slavery was more than a state of physical bondage and chains, it was a state of mind, because slavery not only made servants out of Africans, it also taught them how to be slaves in their mind, to accept this role, mentally, and to think themselves inferior. Black people are no longer in physical bondage, but continue to be slaves in their minds. These limitations still haunt us today. Many black people still doubt their self worth, still doubt their potential, and still doubt their ability to be successful in this life. Black people are free from the chains but not in their brains. As a race, we have been programmed by the catastrophic assault on our race, slavery; and by ancestors, though free, who continued to think and act like slaves, because this was the only thing they knew. As a whole, Black people have not progressed that much over the experiences of our ancestors, for we are only 130 years removed from slavery and the vestiges of this experience still remain. And even though at the time most of the narratives were...

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