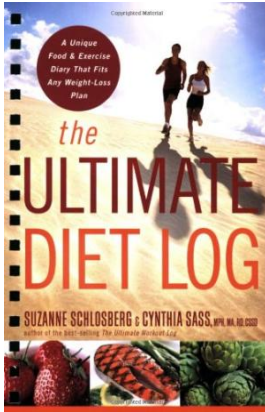


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THE ULTIMATE DIET LOG: A UNIQUE FOOD AND EXERCISE DIARY THAT FITS ANY WEIGHT-LOSS PLAN



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