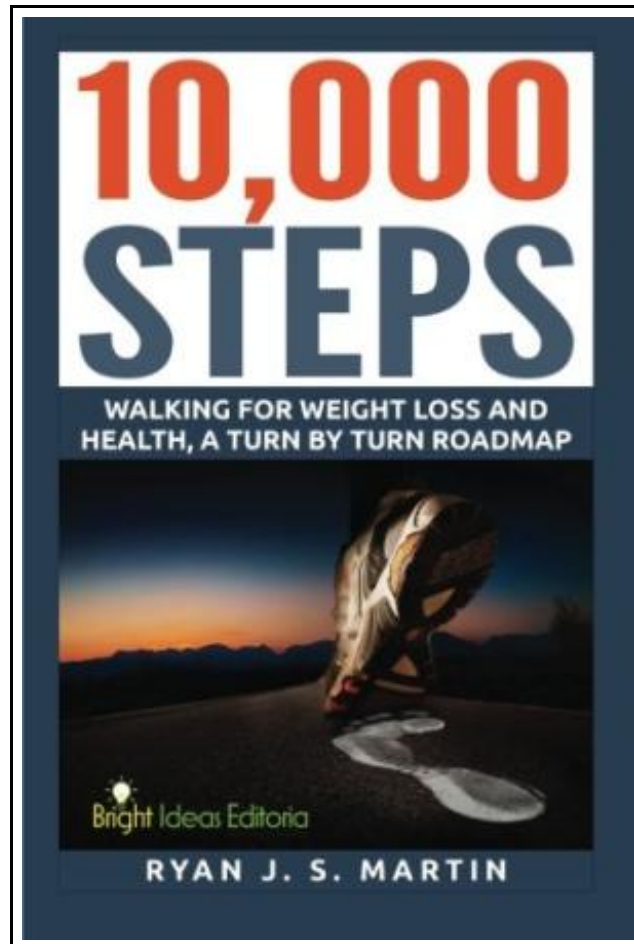


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10,000 STEPS: WAKING FOR WEIGHT LOSS AND HEALTH: A STEP BY STEP ROAD MAP (PAPERBACK)



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