



Believe in She Journal

By Jamie Dicken

Reflections Publishing. Hardcover. Book Condition: New. Emily Jones (illustrator). Hardcover. 106 pages. Dimensions: 8.6in. x 5.7in. x 0.5in. Warning: This journal is dangerous. It will change your life. This stylish one-of-a-kind custom Dream Journal developed by Believe in She takes away the fear of starting with a blank page. The book walks the reader through the journaling process by encouraging them to Download, Dig Deep, Dream and Draw while addressing the primary three learning styles - Audio, Visual and Kinesthetic. This journal helps you achieve your goals by providing you an outlet for your thoughts based on how you think and process information. Audio Learners - Hear your dreams out loud by recording a motivational message with a touch of a button. Visual Learners - See the Download, Dig Deep, Dream, Draw writing process allowing you to release your worries, find reasons to be grateful and create your dreams. Kinesthetic Learners - Feel the movement toward your dreams by doing the activities suggested on each page and touching the special object you place in your envelope. This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Hardcover.



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