

## Diabetes to eat right (full color)(Chinese Edition)



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### ***Reviews***

*A must buy book if you need to adding benefit. I am quite late in start reading this one, but better then never. Its been designed in an exceptionally easy way in fact it is only after i finished reading this publication where in fact modified me, alter the way in my opinion.*

***(Prof. London Gerlach)***

## DIABETES TO EAT RIGHT (FULL COLOR)(CHINESE EDITION)



paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :2013-02-01 Pages: 224 in Publisher: Publishing House of Electronics Industry title: diabetes so eat right (full color) Original Price: 39.90 yuan Author: Publisher: Electronic Industry Press Publication Date: 2013-2-1 ISBN: 9787121067594 Words: 291.000 yards: 224 Edition: 1 Binding: Paperback: 16 Weight: Editor's Summary This book from the basic principles of nutrition therapy. the calculation of the standard weight. calorie determine food The layman's language selection. design of the recipe. prevention of complications of multiple angles diabetic diet conditioning. In addition. the book is also involved in a variety of hypoglycemic ingredients. herbal medicines. is a reference value hypoglycemic recipes. It can be said is a specific diabetes diet to restore popular science book. learn to preparation of recipes. do their own nutrition physician rational planning in daily life. their diet can help diabetics. I believe that this book will become of diabetics science diet good helper. and make it a lifetime benefit. Contents Introduction to understand diabetes - the cornerstone of the fight against diabetes diagnostic criteria for diabetes blood glucose. urine glucose. glycated hemoglobin. diabetes symptoms diabetes induced self-monitoring and management of risk factors for diabetes how to prevent diabetes Chapter tailored diet plan reasonable control diet - the first step in the treatment of diabetes scientifically write a diabetic diet diary diabetes how to how to arrange the food exchange copies heat calculation three meals a day. to enrich the content of your diet diet principles of Chapter II diabetes patients with diabetes to eat breakfast How to choose a high-quality protein principles of the festival of diabetes diet the principle diabetes snacking principle diabetes dining out attention to matters Chapter diabetes diet tips on...



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